

VBCMH Cultural Diversity FY25

#	Question	Choices	Answer
1	Implicit bias is:	A) Only exhibited by those with deeply held racist beliefs B) A universal phenomenon which can influence behavior more than consciously held values C) A rare phenomenon D) Easy to notice in onself and to overcome	
2	Social Determinants of Health are conditions that affect a wide range of health, functioning, and quality-of-life outcomes and risks.	True False	
3	Stereotypes affect what we think and feel about people who are different from ourselves and how we respond to them.	True False	
4	Resources like safe housing, education, healthy foods, and local health services enhance quality of life and have a significant influence on health outcomes.	True False	
5	Effective communication includes:	A) Using respectful language B) Being alert to non-verbal cues C) Avoiding generalized language that suggests all or most members of a particular group are the same D) Listening more E) All of the above	
6	What are subtle verbal or nonverbal insults or denigrating messages communicated toward a marginalized person, often by someone who may be well-intentioned but unaware of the impact their words or actions have on the person?	A) Disparity B) Micro-aggressions. C) Implicit Bias	

Signature: _____

Date: _____